



# DANÉT PALMER

## BAPTIZED BY LOVE

How I Found Present Joy  
and Never Let It Go

[CLICK HERE](#) for Book Info, Media Page, and Headshots

### Bio

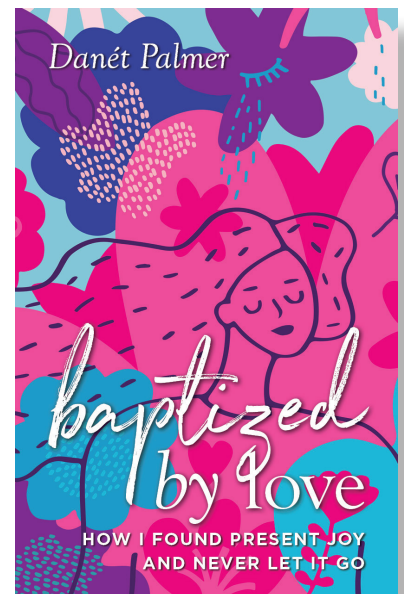
Danét Palmer is also the author of *Coffee with the Divine: A Yummy Guide to Daily Miracles* and host of "The Yummy Way Podcast." Much of her adult life was spent as a psycho-spiritual mentor and metaphysical minister, coaching others to live true, authentic lives. But her greatest joy has been being mom to four remarkable children and watching them grow into extraordinary adults. Danét faced abuse and adversity with courage and lives her life on a foundation of love and guided by joy. She currently resides in New Mexico with her husband, Lar, and enjoys spending time with her friends and family.

### Topics That Danét Can Speak On

- ▶ Danét's personal journey with addiction and recovery
- ▶ Sober and thriving for decades
- ▶ How to turn difficult situations into joy and ease
- ▶ Danét's definition of the Yummy Way—a Divine YES to feeling our natural equanimity and to finding the flow to life without resistance
- ▶ How to eliminate negative self-doubt to allow for more abundance in your life
- ▶ How Danét established a daily Divine Love practice that changed her life
- ▶ 3 ways to practice self-love and be good to yourself during difficult times in your life
- ▶ Learning to forgive yourself and others when all hope seems lost
- ▶ Miracles and MIRACLES—Living with Cancer

### Fun Facts

- ▶ Sober for decades
- ▶ Born 5 minutes before her twin brother, Dirk
- ▶ Wakes at 3 a.m. each morning and spends the first few hours of her day meditating and writing
- ▶ Danét believes that, ultimately, life teaches us everything if we're just willing to listen



KAM GILL — PUBLICIST  
kam@authorswholead.com  
www.mandalatreepress.com

